

# Exploration on the curriculum reform of Ideological and political education major in Colleges and Universities

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**Abstract:** under the background of curriculum reform, the courses of Ideological and political education in Colleges and universities should focus on the specific needs of talents in the new era, and carry out a comprehensive reform from the aspects of teaching philosophy, curriculum structure, teaching methods, and practical guidance, so as to meet new challenges and opportunities. Starting from the exploration of the characteristics of Ideological and political education major in Colleges and universities, this paper carries out in-depth research and Exploration on the effective strategies for the curriculum reform of Ideological and political education major in Colleges and universities, in order to provide reference for truly improving the innovation ability, practical ability and comprehensive quality of students majoring in Ideological and political education in Colleges and universities, and help improve the overall teaching quality of the course.

**Key words:** colleges and universities; Major in Ideological and political education; Curriculum reform; Effective strategy

## Introduction

Education is the foundation of a long-term plan. With the intensification of the process of globalization, the competition of comprehensive national strength between countries has gradually shifted from economy to talents, and the cultivation and output of high-quality talents cannot be separated from a strong teaching staff. From this perspective, as an important window of talent output, the curriculum reform of Ideological and political education major in Colleges and universities is particularly important. I hope that through the in-depth study of the curriculum reform of Ideological and political education in Colleges and universities, it can bring effective inspiration to relevant personnel and bring a steady stream of new ideas to teachers' teaching.

## 1 Characteristics of Ideological and political education major in Colleges and Universities

### 1. Basic and holistic characteristics

The major of Ideological and political education in Colleges and universities mainly studies the basic theories and basic knowledge with Marxism and core values as the main content. By mastering professional knowledge and conducting targeted skills training, students can basically master the professional ability to engage in Ideological and political work in the future. Because the relevant content of the major is the basis for students to contact knowledge and skills in other fields, this reflects the basic characteristics of the major of Ideological and political education incisively and vividly. In addition, the content of Ideological and political education covers a wide range of disciplines, including pedagogy, politics, sociology, diplomacy and history, which shows that the major also has obvious integrity characteristics. In the actual teaching process, teachers need to guide students to firmly grasp professional theoretical knowledge and strengthen theoretical literacy. Only in this way can students comprehensively and profoundly grasp the overall development context and development system of the major and promote in-depth learning, which is the key to improving the overall quality and efficiency of teaching and learning.

### 2. Theoretical and practical characteristics

The major of Ideological and political education is a liberal arts major, and its most basic feature is its theoretical nature. At the same time, the major also has very obvious practical characteristics, which can be understood from the following aspects: first, the talent training goal of the major of Ideological and political education is to export counterpart specialized talents engaged in Ideological and political work to schools, enterprises and institutions. From this point of view, it is necessary to proceed from reality. Only in this way can the trained talents be more grounded; Secondly, for the personnel engaged in Ideological and political education, only after practice, investigation and experience, can they have richer emotion, knowledge and experience, which is conducive to improving the effectiveness and effectiveness of the overall ideological and political education.

### 3. Political and educational characteristics

The major of Ideological and political education puts forward higher requirements for students' and teachers' political beliefs. On the one hand, they need to have a solid grasp of the basic principles of Marxism and the basic theory of Ideological and political theory education. On the other hand, they should also have extensive knowledge of Social Sciences and be able to skillfully use the basic views and methods of Marxism to analyze and solve practical ideological problems. This reflects that the major of Ideological and political education has strong political characteristics. In addition, the main object of education and teaching of the major of Ideological and political education is people. Its main research direction is closely related to the formation, development and change of Ideological and moral character, which is enough to reflect the basic characteristics of the major.

### 4. Timeliness and comprehensiveness

In terms of timeliness, the major of Ideological and political education is the product of a fixed period of time, and it is bound to change with the development of society. Even if people need to follow the same public morality, its meaning is not the same in different periods of time. At present, China is in a critical period of social transformation. In this special period, the people's ideas and lifestyles

have undergone earth shaking changes, which requires that the teaching content of Ideological and political education should also change. Comprehensiveness is well understood. Because the ideological and political education major has absorbed the theories and methods of different disciplines, we can regard the major as a comprehensive discipline of various categories. In the actual teaching process, only by closely connecting with local conditions and customs, real life, geographical overview, etc., can it be more conducive to the realization of professional teaching objectives, In order to provide a continuous source of theory and Practice for talent cultivation.

## **2 Effective strategies for curriculum reform of Ideological and political education major in Colleges and Universities**

### **1. Change teaching ideas, analyze and solve practical problems**

Teaching philosophy is the main guide of curriculum reform and the key guidance of practice. In order to obtain more satisfactory reform effect, the first step is for teachers to fundamentally change their teaching philosophy and solve practical problems for students based on their actual situation, so that students can deeply understand and use theoretical knowledge to solve various problems in the practice of Ideological and political education.

First of all, we should pay attention to the practical needs of College Students' development and solve practical puzzles. The curriculum reform of Ideological and political education should follow the law of students' growth and success, especially to meet their practical development needs. Once the ideological and political education is divorced from the actual life and realistic needs of the education object, it is easy to directly affect the effectiveness and effectiveness of the work, and the influence, attraction and appeal of the work will be further reduced, resulting in the final education effect is not satisfactory. Therefore, paying attention to, facing and understanding students' growth and development needs is an important content to stimulate the endogenous power of Ideological and political education, and is also the key to curriculum reform. In particular, teachers should change the traditional rigid teaching form of taking theory as the center, teachers as the guide and textbooks as the core, and should shift the focus of teaching to the educated. In short, they should promote the close integration of education content and students' growth needs, and specifically solve their various puzzles on the way of growth. For example, teachers can invite front-line workers of Ideological and political education to introduce the specific content of front-line work to students, what jobs are there, and what directions are worth exploring in the future, so that students can have a more comprehensive and in-depth understanding and understanding of the major of Ideological and political education, and answer their confusion. For another example, teachers can invite front-line educators to participate in the course teaching process. By explaining and introducing real and objective ideological and political work cases to students, they can get more intuitive and practical experience and feelings, so as to fundamentally make up for the monotony and one sidedness of the theoretical explanation of Ideological and Political Education courses, Enhance the interest and diversity of teaching.

Secondly, pay attention to the combination of theory and practice, and promote the transformation of Ideological and political education achievements. Although the content of Ideological and political education courses still accounts for the most theoretical part, in order to promote the deepening of theory and provide scientific guidance for future practice teaching, teachers should fundamentally focus on professional practice teaching, and more importantly, IU department, and concentrate as many high-quality resources as possible, On the basis of enriching the teaching staff, we should constantly introduce new practical teaching methods, and effectively combine theory with practice, so as to lay a solid foundation for the cultivation of applied talents.

### **2. Enrich curriculum resources and build a complete curriculum system**

At present, there are many problems in the curriculum system of Ideological and political education, which seriously restricts the cultivation and development of personalized, diversified and compound talents. To build a complete curriculum system, we can start from the following aspects:

First, reduce the theoretical courses and increase the proportion of practical courses. The form of the theory course can be thematic discussion. In the teaching process, the teaching focus should be on the teaching of theory. For some mature theories, teachers do not have to do too much explanation and discussion, so as to reduce the number of theoretical courses. In addition, increase the proportion of practical courses. According to the current situation of curriculum, the number of courses related to subject research, social practice and practice inside and outside school is relatively small, so students lack practical experience in specific projects, which is not conducive to the smooth development of Ideological and political education in the future. In order to significantly improve students' scientific research level and academic ability, teachers should encourage students to actively participate in all kinds of academic application research or academic competitions, provide them with more off campus practice opportunities, and let students constantly summarize experience through independent practice, so as to realize their continuous growth and development.

Secondly, enrich curriculum resources. Teachers should pay special attention to the mining and application of interdisciplinary, interdisciplinary and comprehensive curriculum resources, and integrate resources from more fields into the professional curriculum system, such as history, law, psychology, literature, politics, art appreciation, etc., which is more conducive to improving the pertinence of talent training and making them grow into specialized talents with unique characteristics. In addition, in order to fundamentally solve the contradiction between teachers and resources, colleges and universities should also increase the employment of excellent teachers, and spend more energy and money on teacher training and management, so as to lay a solid foundation for curriculum reform.

### **3. Reforming teaching methods and improving students' comprehensive quality**

The application of diversified teaching methods in the course teaching process, on the one hand, is conducive to maximizing the enthusiasm of students' learning, on the other hand, it can also consolidate the teaching effect and achieve the ideal goal of education and

talent training.

First, interactive teaching. The realization of interactive teaching mainly depends on Teachers' creating multiple interactive teaching atmosphere and links for students, ensuring the equal status of teachers and students, and fully mobilizing the interest and desire of teachers and students' active exploration through the collision and exchange of different views, so as to significantly improve the teaching effect. Since the answers to questions related to ideological and political education are not unique, this just leads students to actively divergent thinking and strive for diversified answers. Slowly, students' comprehensive abilities such as communication and expression ability and thinking ability will be significantly improved.

Secondly, case teaching. In the process of Ideological and political education course teaching, the use of case-based teaching method is conducive to the sublimation from rationality to sensibility, helping students deeply understand the connotation of knowledge and internalize it, which is conducive to improving their core literacy. Taking the teaching of Marxism in China and the mission of young students as an example, the case teaching method is introduced in the teaching process. Through a series of real and intuitive cases, students' thoughts, hearts and feelings will be affected imperceptibly, which will help them form correct values, outlook on life and world outlook. The research data show that, compared with the traditional teaching methods, the case-based teaching method is more convincing and more in line with the cognitive laws and psychological needs of college students.

#### 4. Practice oriented, providing high-quality learning platform

Adhering to the practice oriented reform of Ideological and political education courses, and constantly expanding and assembling the rich and colorful excellent resources inside and outside the school are the basis. Teachers should strive to provide students with a unique and high-quality learning platform, and provide them with a broader space for practice, which is crucial.

From the perspective of teachers' strength, the curriculum reform of Ideological and political education needs to build a team of teachers with existing teachers as the main force and full participation of part-time teachers. College counselors, head teachers and campus culture builders can all join this team and give full play to their respective educational advantages. It is precisely because of the diversity and richness of educators that we can ensure the cultivation of students from different professional directions, so that they can grow into modern talents with different job requirements. At the same time, colleges and universities should strive to provide an effective and diversified practice platform for the teaching staff. Only in this way can they fundamentally break the traditional cramming and full of theoretical teaching mode, truly promote the close combination of theory and practice, and lay a good foundation for the construction of professional courses with both theoretical and practical characteristics oriented by solving practical problems.

From the perspective of talent development opportunities, colleges and universities should provide more internship and practice opportunities for students majoring in Ideological and political education, so that they can master professional theory and skilled application skills, promote the benign interaction between theory and practice, and further broaden students' vision and improve their pattern, It is a good choice for them to consciously grow into reliable successors needed by the construction of socialism with Chinese characteristics in the new era, such as school enterprise cooperation, work study combination, production and education integration, etc.

## Epilogue

In a word, the cultivation of students in Colleges and universities needs to rely on professional curriculum education, and the professional curriculum of Ideological and political education in Colleges and universities undertakes the important task of outputting high-quality and high-quality ideological and political workers. The curriculum of Ideological and political education is not immutable. Only by keeping up with the changes of the times and keeping pace with the times can it effectively improve the effectiveness of talent training, and better solve the practical ideological problems of the people in daily life, maintain social harmony and promote social stability and development.

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